

## **Introduction**

Mark's gospel makes clear how great is the press of the crowd, with its countless needs to be met, on Jesus and his disciples. Yet in today's gospel Jesus advises his disciples to get away and rest, to take care of themselves. Sometimes we think that when others are in great need we shouldn't think of ourselves at all; but Jesus also honors the caregivers' need. We are sent from Christ's table to care for others and for ourselves.

## **Prayer of the Day**

O God, powerful and compassionate, you shepherd your people, faithfully feeding and protecting us. Heal each of us, and make us a whole people, that we may embody the justice and peace of your Son, Jesus Christ, our Saviour and Lord. **Amen.**

## **First Reading: 2 Samuel 7:1-14a**

*Instead of David building a house (temple) for God, God promises to establish David's house (dynasty) forever. Centuries later, after the Babylonian exile, no king sat on the throne. Even then, however, the people of Israel remembered this promise and continued to hope for a king, the messiah, God's anointed.*

<sup>1</sup>Now when the king was settled in his house, and the LORD had given him rest from all his enemies around him, <sup>2</sup>the king said to the prophet Nathan, "See now, I am living in a house of cedar, but the ark of God stays in a tent." <sup>3</sup>Nathan said to the king, "Go, do all that you have in mind; for the LORD is with you."

<sup>4</sup>But that same night the word of the LORD came to Nathan: <sup>5</sup>Go and tell my servant David: Thus says the LORD: Are you the one to build me a house to live in? <sup>6</sup>I have not lived in a house since the day I brought up the people of Israel from Egypt to this day, but I have been moving about in a tent and a tabernacle. <sup>7</sup>Wherever I have moved about among all the people of Israel, did I ever speak a word with any of the tribal leaders of Israel, whom I commanded to shepherd my people Israel, saying, "Why have you not built me a house of cedar?" <sup>8</sup>Now therefore thus you shall say to my servant David: Thus says the LORD of hosts: I took you from the pasture, from following the sheep to be prince over my people Israel; <sup>9</sup>and I have been with you wherever you went, and have cut off all your enemies from before you; and I will make for you a great name, like the name of the great ones of the earth. <sup>10</sup>And I will appoint a place for my people Israel and will plant them, so that they may live in their own place, and be disturbed no more; and evildoers shall afflict them no more, as formerly, <sup>11</sup>from the time that I appointed judges over my people Israel; and I will give you rest from all your enemies. Moreover the LORD declares to you that the LORD will make you a house. <sup>12</sup>When

your days are fulfilled and you lie down with your ancestors, I will raise up your offspring after you, who shall come forth from your body, and I will establish his kingdom. <sup>13</sup>He shall build a house for my name, and I will establish the throne of his kingdom forever. <sup>14a</sup>I will be a father to him, and he shall be a son to me.

## **Psalm 89:20-37**

- <sup>20</sup>I have found David my servant;  
with my holy oil have I anointed him.
- <sup>21</sup>**My hand will hold him fast  
and my arm will make him strong.**
- <sup>22</sup>No enemy shall deceive him,  
nor shall the wicked bring him down.
- <sup>23</sup>**I will crush his foes before him  
and strike down those who hate him.**
- <sup>24</sup>My faithfulness and steadfast love are with him,  
and he shall be victorious through my name.
- <sup>25</sup>**I will set his hand on the sea,  
and his right hand on the rivers.**
- <sup>26</sup>He will say to me, 'You are my father,  
my God, and the rock of my salvation.'
- <sup>27</sup>**I will make him my firstborn  
and higher than the kings of the earth.**
- <sup>28</sup>I will keep my love for him forever,  
and my covenant will stand firm for him.
- <sup>29</sup>**I will establish his line forever  
and his throne as the days of heaven."**
- <sup>30</sup>If his children forsake my teaching  
and do not walk according to my judgments;
- <sup>31</sup>**if they break my statutes  
and do not keep my commandments;**
- <sup>32</sup>I will punish their transgressions with a rod  
and their iniquities with the lash;
- <sup>33</sup>**but I will not take my love from him,  
nor let my faithfulness prove false.**
- <sup>34</sup>I will not break my covenant,  
nor change what has gone out of my lips.

**<sup>35</sup>Once for all I have sworn | by my holiness:  
I will not | lie to David.**

<sup>36</sup>His line shall en- | dure forever  
and his throne as the | sun before me;

**<sup>37</sup>it shall stand fast forevermore | like the moon,  
the abiding witness | in the sky.”**

## **Second Reading: Ephesians 2:11-22**

*The author of this letter reminds his audience that originally they were not part of God's chosen people. Through Jesus' death, however, they are included in God's household of faith, whose cornerstone is Jesus Christ.*

<sup>11</sup>Remember that at one time you Gentiles by birth, called “the uncircumcision” by those who are called “the circumcision”—a physical circumcision made in the flesh by human hands—  
<sup>12</sup>remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. <sup>13</sup>But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. <sup>14</sup>For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. <sup>15</sup>He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, <sup>16</sup>and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. <sup>17</sup>So he came and proclaimed peace to you who were far off and peace to those who were near; <sup>18</sup>for through him both of us have access in one Spirit to the Father. <sup>19</sup>So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, <sup>20</sup>built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. <sup>21</sup>In him the whole structure is joined together and grows into a holy temple in the Lord; <sup>22</sup>in whom you also are built together spiritually into a dwelling place for God.

## **Gospel Reading: Mark 6:30-34, 53-56**

*When Jesus sends his disciples out to teach and heal, they minister among large numbers of people. Their work is motivated by Christ's desire to be among those in need.*

<sup>30</sup>The apostles gathered around Jesus, and told him all that they had done and taught. <sup>31</sup>He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. <sup>32</sup>And they went away in the boat to a deserted place by themselves. <sup>33</sup>Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. <sup>34</sup>As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

<sup>53</sup>When they had crossed over, they came to land at Gennesaret and moored the boat. <sup>54</sup>When they got out of the boat, people at once recognized him, <sup>55</sup>and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. <sup>56</sup>And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

## Prayers of Intercession

Let us come before the triune God in prayer, saying “Hear us, O God,” and responding, “Your mercy is great.”

*A brief silence.*

Tend your church, O God. Encourage bishops, pastors, and deacons in their proclamation of the gospel. Raise up new leaders and encourage those pursuing a call to ministry. Embolden all the baptized to embody your love and justice. Hear us, O God. Your mercy is great.

Restore your creation, O God. Sustain croplands and pastures and safeguard all farm animals and livestock. Preserve lakes, rivers, and streams that offer refreshment. Revive lands recovering from natural disasters and protect coastlands threatened by rising oceans. Hear us, O God. Your mercy is great.

Reconcile the nations, O God. Break down the dividing walls that make us strangers to one another and unite us as one human family. Equip leaders to deal wisely with conflict and guide diplomats who seek peaceful solutions. Hear us, O God. Your mercy is great.

Heal your people, O God. Look with compassion on immigrants, exiles, and all who are afraid or feel lost. Give rest to those who are weary, comfort to those who are grieving, and recovery to those who are ill (*especially those who we name now, either silently on our hearts, or aloud...* [pause]). Hear us, O God. Your mercy is great.

Nourish this congregation, O God. Prepare a table where we receive food for our hungering spirits. Renew our commitment to provide for one another and revitalize our ministries of feeding and nurturing hungry neighbors. Hear us, O God. Your mercy is great.

You lead us home, O God. We give thanks for all who have died, now citizens with the saints (*especially*). As you have received them into your heavenly home, so welcome all of us to dwell in your house forever. Hear us, O God. Your mercy is great.

We lift these and all our prayers to you, O God, confident in the promise of your saving love; through Jesus Christ our Lord.

Amen.

## ***A reflection for the Eighth Sunday after Pentecost...***

### At Rest among Strangers

The world can be a dangerous place, and we all long for someone, some leader, who will watch over us and protect us from all harm. The prophet Jeremiah issues strong cautions to those who abuse the trust placed in them to care for God's people, and the psalmist sings the praises of the Lord who guards and guides us through life's trials.

But the letter to the Ephesians suggests that lasting safety comes through the healing and reconciling work of Christ, which allows us to share a meal with those we are inclined to regard as enemies, because Christ has "broken down the dividing wall, that is, the hostility between us." So, in Christ, aliens become citizens and strangers become members of the household of God.

Living into this reality requires all of us to be diligent in our practices with and policies toward all kinds of "strangers and aliens" in our world and in our lives. It means making peace with those whose politics make them strange to us, and creating genuine welcome for the newcomer in our classrooms, workplaces and congregations. It means considering the needs of immigrants and refugees through the lens of Christian faith as well as national identity, and not assuming the two are the same.

The reassuring news this day is that God, unlike so many who hold power in this world, is already reconciling the world to God's own self and us to one another. We enact this new reality each time we pass the peace or come to the Lord's supper, not because we have finally achieved the peace we seek, but because in Christ God's future reign of peace has already broken into our present.

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