

Sunday, June 23, 2024 – 5th Sunday after Pentecost

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Introduction

Now is the acceptable time; now is the day of salvation! Now we are in the storm, the boat almost swamped; but Jesus is here now, and when we call him, he will calm the storm. Even the wind and waves listen to him as they would to their creator. We also listen to him and are called to believe in the power of God's word in him, a power greater than all that we fear.

Prayer of the Day

O God of creation, eternal majesty, you preside over land and sea, sunshine and storm. By your strength pilot us, by your power preserve us, by your wisdom instruct us, and by your hand protect us, through Jesus Christ, our Savior and Lord.

Amen.

First Reading: 1 Samuel 17:[1a, 4-11, 19-23] 32-49

[^{1a}Now the Philistines gathered their armies for battle. ⁴And there came out from the camp of the Philistines a champion named Goliath, of Gath, whose height was six cubits and a span. ⁵He had a helmet of bronze on his head, and he was armed with a coat of mail; the weight of the coat was five thousand shekels of bronze. ⁶He had greaves of bronze on his legs and a javelin of bronze slung between his shoulders. ⁷The shaft of his spear was like a weaver's beam, and his spear's head weighed six hundred shekels of iron; and his shield-bearer went before him. ⁸He stood and shouted to the ranks of Israel, "Why have you come out to draw up for battle? Am I not a Philistine, and are you not servants of Saul? Choose a man for yourselves, and let him come down to me. ⁹If he is able to fight with me and kill me, then we will be your servants; but if I prevail against him and kill him, then you shall be our servants and serve us." ¹⁰And the Philistine said, "Today I defy the ranks of Israel! Give me a man, that we may fight together." ¹¹When Saul and all Israel heard these words of the Philistine, they were dismayed and greatly afraid.

¹⁹Now Saul, and [Jesse's sons], and all the men of Israel, were in the valley of Elah, fighting with the Philistines. ²⁰David rose early in the morning, left the sheep with a keeper, took the provisions, and went as Jesse had commanded him. He came to the encampment as the army was going forth to the battle line, shouting the war cry. ²¹Israel and the Philistines drew up for battle, army against army. ²²David left the things in charge of the keeper of the baggage, ran to the ranks, and went and greeted his brothers. ²³As he talked with them, the champion, the Philistine of Gath, Goliath by name, came up out of the ranks of the Philistines, and spoke the same words as before. And David heard him.]

³²David said to Saul, "Let no one's heart fail because of him; your servant will go and fight with this Philistine." ³³Saul said to David, "You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth." ³⁴But David said to Saul, "Your servant used to keep sheep for his father; and whenever a lion or a bear came, and

took a lamb from the flock, ³⁵I went after it and struck it down, rescuing the lamb from its mouth; and if it turned against me, I would catch it by the jaw, strike it down, and kill it. ³⁶Your servant has killed both lions and bears; and this uncircumcised Philistine shall be like one of them, since he has defied the armies of the living God.” ³⁷David said, “The LORD, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine.” So Saul said to David, “Go, and may the LORD be with you!”

³⁸Saul clothed David with his armor; he put a bronze helmet on his head and clothed him with a coat of mail. ³⁹David strapped Saul’s sword over the armor, and he tried in vain to walk, for he was not used to them. Then David said to Saul, “I cannot walk with these; for I am not used to them.” So David removed them. ⁴⁰Then he took his staff in his hand, and chose five smooth stones from the wadi, and put them in his shepherd’s bag, in the pouch; his sling was in his hand, and he drew near to the Philistine.

⁴¹The Philistine came on and drew near to David, with his shield-bearer in front of him. ⁴²When the Philistine looked and saw David, he disdained him, for he was only a youth, ruddy and handsome in appearance. ⁴³The Philistine said to David, “Am I a dog, that you come to me with sticks?” And the Philistine cursed David by his gods. ⁴⁴The Philistine said to David, “Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field.” ⁴⁵But David said to the Philistine, “You come to me with sword and spear and javelin; but I come to you in the name of the LORD of hosts, the God of the armies of Israel, whom you have defied. ⁴⁶This very day the LORD will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, ⁴⁷and that all this assembly may know that the LORD does not save by sword and spear; for the battle is the LORD’s and he will give you into our hand.”

⁴⁸When the Philistine drew nearer to meet David, David ran quickly toward the battle line to meet the Philistine. ⁴⁹David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

Psalm 9:9-20

⁹You, O LORD, will be a refuge for the oppressed,
a refuge in time of trouble.

¹⁰**Those who know your name will put their trust in you,
for you never forsake those who seek you, O LORD.**

¹¹Sing praise to the LORD who dwells in Zion;
proclaim to the peoples the things God has done.

¹²**The avenger of blood will remember them
and will not forget the cry of the afflicted.**

¹³Be gracious to me, O LORD;
see the misery I suffer from those who hate me, you that lift me up from the gates of death;

¹⁴**so that I may tell of all your praises and rejoice in your salvation
in the gates of the city of Zion.**

¹⁵The nations have fallen into the pit they dug;
in the snare they set, their own foot is caught.
¹⁶**The LORD is revealed in acts of justice;
the wicked are trapped in the works of their own hands.**
¹⁷The nations go down to the grave,
all the peoples that forget God.
¹⁸**For the needy shall not always be forgotten,
nor shall the hope of the poor be taken away.**
¹⁹Rise up, O LORD, let not mortals have the upper hand;
let the nations be judged before you.
²⁰**Put them in fear, O LORD;
let the nations know they are but mortal.**

Second Reading: 2 Corinthians 6:1-13

¹As we work together with him, we urge you also not to accept the grace of God in vain. ²For he says,

“At an acceptable time I have listened to you,
and on a day of salvation I have helped you.”

See, now is the acceptable time; see, now is the day of salvation! ³We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, ⁴but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, ⁵beatings, imprisonments, riots, labors, sleepless nights, hunger; ⁶by purity, knowledge, patience, kindness, holiness of spirit, genuine love, ⁷truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; ⁸in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; ⁹as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; ¹⁰as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

¹¹We have spoken frankly to you Corinthians; our heart is wide open to you. ¹²There is no restriction in our affections, but only in yours. ¹³In return—I speak as to children—open wide your hearts also.

Gospel: Mark 4:35-41

³⁵When evening had come, [Jesus said to the disciples,] “Let us go across to the other side.” ³⁶And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. ³⁷A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. ³⁸But he was in the stern, asleep on the cushion; and they woke him up and said to him, “Teacher, do you not care that we are perishing?” ³⁹He woke up and rebuked the wind, and said to the sea, “Peace! Be still!” Then the wind ceased, and there was a dead calm. ⁴⁰He said to them, “Why are you afraid? Have you still no faith?” ⁴¹And

they were filled with great awe and said to one another, “Who then is this, that even the wind and the sea obey him?”

Prayers and introductions from
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Prayers of Intercession

We come before the triune God to pray for our communities, ourselves, and our world.

A brief silence.

Equip your faithful people to approach this world with a sense of wonder. Make your church a safe place to explore big questions, troubling doubts, and honest laments. Humble our hearts to repent of the ways that communities of faith have inflicted pain or trauma. Merciful God, **receive our prayer.**

You spoke creation into order from the chaos of the swirling deep. May your name be praised by rivers and seas, wetlands and waterfalls. Secure clean water for all people and protect water sources from contamination or exploitation. Merciful God, **receive our prayer.**

Amid whirlwinds of division, violence, and conflict, remind us again that you are as steadfast as the foundations of the earth. Rejuvenate peacemakers, advocates, and community organizers when they feel weary in their work. Merciful God, **receive our prayer.**

Deliver your people from their distress, O God. We lift before you all who are sick or struggling. Grant consolation and peace to all who live with chronic, terminal, or persistent illness. In times of affliction or hardship, sustain us in faith. Merciful God, **receive our prayer.**

Enfold all travelers with your protection. Bless the comings and goings of this assembly as we travel for leisure or for work. Let all journeys be met with hospitality on the way, and let community members return to us with celebration. Merciful God, **receive our prayer.**

Now is the acceptable time; now is the day of salvation for all the redeemed of the Lord. Joined together with the great cloud of witnesses, we give thanks for your steadfast love and your wonderful works. Merciful God, **receive our prayer.**

Receive our prayers, O God, and come quickly to our aid, through the power of the Spirit and the love of Jesus Christ.

Amen.

A reflection for this 5th Sunday after Pentecost

Who, Then, Is This? Our Only Help.

As the disciples set out together in the boat with the sleeping Jesus, a great windstorm arose so that the boat became swamped. As we set out in mission together in the ship of Christ's church, how many storms arise! The elements of chaos still seem to wreak havoc in our lives, communities, and in the church—and we become terrified. Though Christ is present the disciples and we ourselves begin to doubt his care and power: "Teacher, do you not care that we are perishing?" His presence seems far too weak to help us, though it is exactly in this vulnerable weakness that Christ shows his almighty power. Jesus wakes at the disciples' cries and rebukes the wind and waves—they are no match for his command. The terrifying calm that follows demonstrates his divine power over all the chaos that continually threatens us. And we find ourselves awe-struck before the living God who has met us in our weakness and yet overcome it. The Christ who sleeps in the boat is the same Christ who hangs on the cross, seemingly helpless. Yet the helpless one is none other than the all-powerful Lord God. "Who then is this?" but the Lord of all! The God who in the beginning brought order to the chaotic face of the deep now in Christ brings peace as we face the storm. So why are we afraid? Have we still no faith in this helpless Lord who is our only help?



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