

Sunday, February 4, 2024, Fifth Sunday after Epiphany

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Introduction

In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (*diakonia*). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.

Prayer of the Day

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord.

Amen.

First Reading: Isaiah 40:21-31

²¹Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?

²²It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;

²³who brings princes to naught,
and makes the rulers of the earth as nothing.

²⁴Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.

²⁵To whom then will you compare me,
or who is my equal? says the Holy One.

²⁶Lift up your eyes on high and see:
Who created these?

He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.

²⁷Why do you say, O Jacob,
and speak, O Israel,
“My way is hidden from the LORD,
and my right is disregarded by my God”?
²⁸Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
²⁹He gives power to the faint,
and strengthens the powerless.
³⁰Even youths will faint and be weary,
and the young will fall exhausted;
³¹but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Psalm 147:1-11, 20c

¹Hallelujah! How good it is to sing praises ^l to our God!
How pleasant it is to honor ^l God with praise!
²**The LORD re- ^l builds Jerusalem,
and gathers the ex- ^l iles of Israel.**
³The LORD heals the ^l brokenhearted
and binds ^l up their wounds.
⁴**The LORD counts the number ^l of the stars
and calls them all ^l by their names.**
⁵Great is our LORD and might- ^l y in power;
there is no limit ^l to God’s wisdom.
⁶**The LORD lifts ^l up the lowly,
but casts the wicked ^l to the ground.**
⁷Sing to the LORD ^l with thanksgiving;
make music upon the harp ^l to our God,
⁸**who covers the heav- ^l ens with clouds
and prepares rain for the earth, making grass to grow up- ^l on the mountains.**
⁹God provides food ^l for the cattle
and for the young ravens ^l when they cry.
¹⁰**God is not impressed by the might ^l of a horse,
and has no pleasure in the speed ^l of a runner,**
¹¹but finds pleasure in those who ^l fear the LORD,
in those who await God’s steadfast love. ^{20c}l Hallelujah!

Second Reading: 1 Corinthians 9:16-23

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

Gospel: Mark 1:29-39

²⁹As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Prayers of Intercession

As we celebrate Christ embodied in human form, we pray for God's blessing on the church, the world, and all of creation.

A brief silence.

Everlasting God, you bring your healing power to the church. Give your church a spirit of unity and prayer, that we discern your way for us in the world. God of grace, **receive our prayer.**

Creator of the ends of the earth, you make the grass grow and send rain for the soil. Bring your creation into harmony and balance. Give animals their food and provide healthy shelter for your people. Inspire us to honor the miraculous beauty of all you have made. God of grace, **receive our prayer.**

God without equal, your steadfast love endures forever. Bring the leaders, elected officials, and peacekeepers of our towns and countries into understanding and unity. Guide them to serve with compassion and understanding. God of grace, **receive our prayer.**

God who strengthens, you lift up with your hand any who are suffering. Heal those who are brokenhearted and strengthen the weak and all in need. God of grace, **receive our prayer.**

God who gives power to the faint, challenge us to share the faith stories of what God has done in our lives. Open us to receive the unique ways God is at work in your people, especially those whose perspectives challenge our own. God of grace, **receive our prayer.**

God who calls each star by name, we remember all who have died. Shelter all who mourn with your mercy and care, and give us hope in your promised salvation. God of grace, **receive our prayer.**

Knowing the Holy Spirit intercedes for us, we offer these prayers and the silent prayers of our hearts in the name of our Savior, Jesus Christ.

Amen.

A reflection for this Fifth Sunday after Epiphany

God Heals Persons and Communities

When Jesus heals us, we are empowered to serve others. While at first glance it might seem that Jesus' healing of Peter's mother-in-law was self-serving, on further reflection we see the same result in nearly all of his signs and miracles. The object of Jesus' compassion now has new responsibilities. In the very next chapter a paralytic lowered through the ceiling is raised, only to become the center of a religious controversy (Mark 2:3-12), as was the man who lay by the pool of Bethesda for thirty-eight years (John 5:2-15). When Jesus calms the storm (Mark 4:35-41) the disciples have to row the rest of the way! Any meaningful encounter with Jesus will result in our being changed, which in turn alters the way we see our relationship to the needs of others and the world.

Hard economic times, natural disasters, and divisive, party strife can make us feel helpless and hopeless, as if we have been abandoned by God. Even the church—local congregations as well as denominations—may feel fear and panic in the face of declining numbers and revenues, loss of loyalty from members, indifference or hostility from the surrounding culture, and internal sniping among factions. The exiled people of Israel in Babylon experienced all of this and more, so our condition is neither unique nor beyond the reach of our God. Isaiah 40:21-31 in the NRSV begins "Have you not known? Have you not heard?" Eugene Peterson, in *The Message*, translates this idea as "Have you not been paying attention? Have you not been listening?" There is some irony indeed that God's church, entrusted with God's salvation history and the gospel, still panics, still doubts and worries, still feels like it is up to us to save the church. We indeed are "clay jars" (2 Cor. 4:7)—carrying the message but not understanding, preaching salvation but not believing that God cares or will act to save. We live Isaiah 40 every day.



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